Rools of Change

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Juneteenth and the Ongoing Struggle for Farmworkers' Rights

Dear Doris,

There is no food justice without racial justice. While yesterday's <u>Juneteenth</u> marked the day in 1865 when Union soldiers arrived in Galveston, Texas, to deliver the news that the Civil War was over and that slavery had been abolished, we have a long way to go to make sure that all forms of oppression are eradicated.

Juneteenth serves as a reminder of the ongoing struggle for BIPOC farmers and farmworker's rights. One of ROC's goals is to build an equitable food system that includes and empowers members of the BIPOC community at every opportunity in our project and policy work. As part of our Achieving Resilient Communities work, ROC partners with farmworker advocacy groups to ensure that farmworkers are protected from heat (see a current update below). In addition, we recently participated in statewide Health Equity and Racial Justice Fund advocacy efforts, and we collaborate with our partner California Food & Farm Network (CFFN) whose mission it is to "Build a Movement Centered On Racial Equity To Transform The Food And Farming System Through State Policies."



In other news, we are gearing up for our third and final meat summit on Monday, November 18th, for our <u>Transformation of California's local meat system</u>project and continue to advance all of our policy work and various projects in collaboration with our PHI and coalition partners.

Image: Canva

Achieving Resilient Communities (ARC) Project Update

After long preparation in Oxnard, California with <u>Good Farms</u> to assemble a prototype water cooling system for farmworkers, we placed the low-cost off-the-shelf technology into the field to begin a test in the final two weeks of the strawberry harvest. We seek a better solution to the Igloo coolers that are filled with ice to keep water cool. On hot days the ice melts quickly and water warms beyond 59°F, which is the recommended water temperature by CalOSHA/NIOSH. The Good Farms safety and field managers joined us as we launched the test. Two weeks from now, we will hold a focus group with the harvest crew to learn if the system works for them. *Images: Michael Dimock*



Hugo Medina and his colleagues Hugo and Angel (L to R) share with ROC team the pros and cons of the prototype.



Testing the water cooler prototype.



The idea is for the cool water to stay at 59°F (recommended by CalOSHA/NIOSH) and to be easily accessible to farmworkers throughout their work shift.



Strawberry field and farmworkers working at Good Farms, Oxnard

UPDATE: Save Market Match! Keep Fresh, Locally-Grown Food Accessible to All



URGENT ACTION ALERT! PROTECT FOOD ACCESS FOR ALL

Governor Newsom's proposed budget cuts threaten to end Market Match and CNIP, a critical lifeline for food-insecure families and California farmers.



savemarketmatch.org

Great news, again, but...

The California Legislature's Budget Proposal (<u>AB-107</u>) proposed reinstating \$33.2 million in funding for Market Match (California Nutrition Incentive Program-CNIP)!

Now, the legislature must negotiate their budget with the Governor.

Governor Newsom had proposed budget cuts which threaten to end the <u>Market</u> <u>Match</u> program, funded through the California Nutrition Incentive Program (CNIP), a critical lifeline for food-insecure families and California farmers.

Demand fresh, healthy food for all Californians

Contact the Governor TODAY and urge him to keep Market Match/CNIP in the state

budget. Hundreds of thousands of low-income shoppers and thousands of farmers depend on YOU to help save Market Match/CNIP.

TAKE ACTION: EMAIL THE GOVERNOR



Flipping the Table Podcast

Dairy in California: Opportunities and Challenges Today and Tomorrow

Nutritionist and leader of the Dairy Council of California, Amy DeLisio and dairy farmer from Humboldt County, Cody Nicholson Stratton, dialogue with Michael around the opportunities and challenges related to nutrition and the environment faced by California's gargantuan dairy industry.









Meet ROC's Summer Intern!

Sofia Rodriguez, a freshman at University of Washington studying sustainability and nutrition has joined the ROC team for a Summer internship. We are excited to be working with a Gen Zer and welcome her to the team!

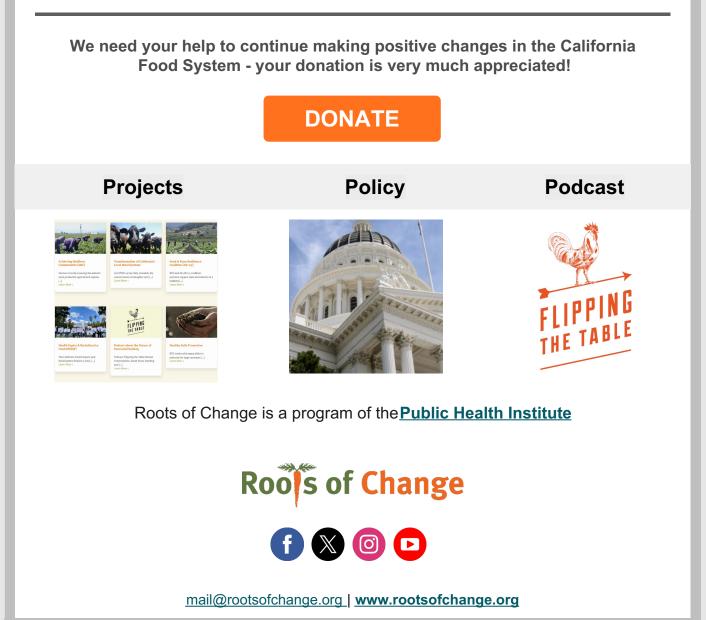
Sofia will get insights into ROC's food system change work in action, get involved in projects, learn about our



policy work and assist with various initiatives including tapping into the 18 - 24 year old demographic on our social media platforms and Flipping the Table podcast. She will also take part in designing an educational forum for sustainability students (more on this to follow), and make general recommendations from a Gen Zer sustainability student perspective.

Thank you for your interest and support of our work!

Doris Meier Editor of the PULSE



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